



Building Strong Families

IN GREEN COUNTY



Jordan Crain
County Extension Agent,
Family and Consumer
Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2018-2019,
Family and
Consumer Sciences
Extension made
4,835
contacts with
individuals and
families in
Green County.

SPOTLIGHT: GREEN COUNTY

Community Baby Shower Continues



The 2017-2018 year brought changes to the Green County Family Resource Center. As a result of these changes, the Community Baby Shower was not going to be possible. In response to this, Green County's Help, Hope, and Hands group through Green County's FCS Extension volunteered to host the Community Baby Shower. Mothers received information on car seat safety, safe sleep, and the importance of health insurance, nutrition, and various resources that are available in their community. Expectant mothers enjoyed a light meal, games, door prizes, and fun! All the participants reported that they learned something they would use to help keep their babies safe. Overall, the Community Baby Shower proved to be beneficial to all who attended.

GREEN COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Green County's FCS Extension programming in 2018-2019 led to the following results.



1,503

youth participated
in local Extension
programming.



294

individuals made healthier
eating choices.



952

pints of food
were preserved.



74

reported coalitions.



3,108

volunteer hours were reported
by FCS Extension
program volunteers.



108

participants reported
making positive
behavior changes.

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
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Source: Kentucky Cooperative Extension Reporting, FY2019
Download this and other county profiles at hes.uky.edu/StrongFamilies

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