



Building Strong Families

IN JOHNSON COUNTY



Brenda Cockerham
County Extension Agent,
Family and Consumer
Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2018-2019,
Family and
Consumer Sciences
Extension made

9,576

contacts with
individuals and
families in
Johnson County.

SPOTLIGHT: JOHNSON COUNTY

Parent Expo



Each year, Johnson County's FCS Extension works with the Early Childcare Council to host an event called Parent Expo. This event is designed to support parents and caretakers with knowledge of how to help preschoolers become school ready. Participants reported an increased understanding of the definitions and checkpoints of what health and physical well-being means; they also increased understanding and awareness of the components of social and emotional development, the families who participated were provided a resource book designed to aid in the parent's or caretaker's guidance and development of the children. They were also provided with hands-on tools in a backpack for children to take home with them.

JOHNSON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Johnson County's FCS Extension programming in 2018-2019 led to the following results.



50

parents improved
skills that will
strengthen families.



90

individuals made healthier
eating choices.



70

participants gained
financial management
knowledge.



42

reported coalitions.



110

participants improved
skills that will
strengthen families.



225

participants reported
making positive
behavior changes.

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
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Source: Kentucky Cooperative Extension Reporting, FY2019
Download this and other county profiles at hes.uky.edu/StrongFamilies

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