



Building Strong Families

IN TAYLOR COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2018-2019,
Family and
Consumer Sciences
Extension made
12,969
contacts with
individuals and
families in
Taylor County.

SPOTLIGHT: TAYLOR COUNTY

Green Living and Zero Waste



Zero Waste is the conservation of resources by means of responsible production, consumption, reuse, and recovery of products, packaging, and materials without burning, and with no discharges to land, water, or air that threaten the environment or human health. There are five ways we can all make a difference in regard to waste: refusing what we don't need, reducing what we do need, reusing things we have, recycling what we can, and composing the rest. Leading up to Earth Day, Taylor County's FCS Extension agent taught multiple lessons on Zero Waste and how to make beeswax food wraps, an alternative to plastic wrap. As a result, people are buying less plastic and, in turn, decreasing the amount of trash they are producing.

TAYLOR COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our commonwealth.

Taylor County's FCS Extension programming in 2018-2019 led to the following results.



220

youth gained
a better understanding
of substance abuse.



411

individuals made healthier
eating choices.



3,114

volunteer hours were reported
by FCS Extension
program volunteers.



134

participants improved
skills that will
strengthen families.



840

participants reported
gaining knowledge.

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2019
Download this and other county profiles at hes.uky.edu/StrongFamilies

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