



Building Strong Families

IN CAMPBELL COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020, Family and Consumer Sciences Extension made **2,574,356** direct and indirect contacts with individuals and families in Campbell County.

SPOTLIGHT: CAMPBELL COUNTY

Families learning life skills together



The Campbell County agents for Family and Consumer Sciences Extension partnered with key collaborators to teach the Flowerbuds and Mommy & Me programs. Agents teamed with the Campbell County Horticulture assistant, the Master Gardener Program volunteer, the local fire department, and chefs. Both programs provided educational family time to about 30 families of preschoolers and 6 to 8 year olds. Flowerbuds met monthly focusing on storytime, garden tours, and hands-on activities. Mommy & Me was 8 months long each year focusing on gardening, cooking and baking, meal preparation, nutrition, financial management, and quality time together. All of the Flowerbud caregivers said the program helped their children with kindergarten-readiness. An 8 month M&M Program evaluation revealed that 71% of 14 families now have a garden at home growing vegetables, fruits, or herbs.

CAMPBELL COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Campbell County's FCS Extension programming in 2019-2020 led to the following results.



1,941

youths participated in local
Extension programming



447

individuals made healthier
eating choices



388

adult volunteers



805

volunteer hours were reported
by FCS Extension program
volunteers



938

participants reported
making positive
behavior changes



608

participants reported
gaining knowledge

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Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

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