



Building Strong Families

IN CLAY COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made

34,433

direct and indirect contacts
with individuals
and families in
Clay County.

SPOTLIGHT: CLAY COUNTY

Word of the Month



Young people and adults have a strong need for personal character building, especially through difficult times. The Clay County Family and Consumer Sciences Council created the Word of the Month countywide banners. Each banner serves as inspiration and consists of one character word and its definition. Seven businesses sponsored the Word of the Month banners. The banner is displayed monthly on the walkway as you exit town. We also displayed the banners on Facebook, in our countywide newsletter, and sent them to our local paper monthly. A new word will be displayed monthly for one year.

CLAY COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Clay County's FCS Extension programming in 2019-2020 led to the following results.



500

participants used
access points that offered
healthy foods



1,907

individuals made healthier
eating choices



559

local families
grew a garden this year



868

volunteer hours were reported
by FCS Extension program
volunteers



1,565

participants reported
making positive
behavior changes



1,397

participants reported
gaining knowledge

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University of Kentucky Family and
Consumer Sciences Extension brings
you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

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