



Building Strong Families

IN CRITTENDEN COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
97,716
direct and indirect contacts
with individuals
and families in
Crittenden County.

SPOTLIGHT: CRITTENDEN COUNTY

Grab and Go bags reach new clientele



Because of the COVID-19 pandemic, Crittenden County Cooperative Extension offered Grab and Go bags to community members. The bags focused on a project and included educational materials for adults and youths. They also included information on gardening, agriculture, money management, arts, cooking, healthy living, and STEM activities to name a few. We notified the community when bags were available through our Facebook page. Almost 90% of participants reported picking up two or more times, and 24% of the people picking up bags were new clientele. Of the activities provided, families enjoyed the agriculture and gardening bags the most. A participant reported that they will continue to use the services of the Crittenden County Extension Service.

CRITTENDEN COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Crittenden County's FCS Extension programming in 2019-2020 led to the following results.



1,422

youths participated in local
Extension programming



235

individuals made healthier
eating choices



52

pints of food
were preserved



7,300

volunteer hours were reported
by FCS Extension program
volunteers



317

participants reported
making positive
behavior changes

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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