



Building Strong Families

IN JOHNSON COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
62,793
direct and indirect contacts
with individuals
and families in
Johnson County.

SPOTLIGHT: JOHNSON COUNTY

Extension Homemakers' numbers are growing and changing



Extension Homemakers continue to be one of the top leadership programs in Johnson County, not just in Family and Consumer Sciences but in the county in general. These volunteers work extensively in the community in a variety of topics and are now growing. Perhaps for the first time in the club's history, there are more members younger than 50 than older. Homemakers now boast 118 members and two new clubs; the newer clubs are issue-oriented. They want to pursue topics such as the needle exchange, environmental challenges, cultural community opportunities, and school bullying. The traditional members continue to deliver numerous topics and favor carrying on cultural traditions, while the younger audience enjoys benefitting from that experience. The county continues to have leadership in the club, county, area, and state levels of the organization.

JOHNSON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Johnson County's FCS Extension programming in 2019-2020 led to the following results.



178

youths participated in local
Extension programming



110

individuals made healthier
eating choices



125

pints of food
were preserved



2,650

volunteer hours were reported
by FCS Extension program
volunteers



138

volunteers reported actively
practicing leadership skills



116

reported coalitions

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you a podcast focusing on nutrition,
health, resource management, and more.
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Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at **hes.uky.edu/StrongFamilies**

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