



Building Strong Families

IN MADISON COUNTY



Jessica Hunley
County Extension Agent,
Family and Consumer
Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
11,945
direct and indirect contacts
with individuals
and families in
Madison County.

SPOTLIGHT: MADISON COUNTY

Face-covering projects



Throughout the unprecedented times that COVID-19 presents, the Madison County Extension Homemakers rallied together to make and assemble masks for those in need. Homemakers donated the first round of masks under the direction of University of Kentucky Children's Hospital. Madison County Homemakers donated more than 100 masks. Once we met the needs of the Children's Hospital, the Family and Consumer Sciences Extension agent coordinated a partnership with the Madison County Health Department and Emergency Management Agency in conjunction with our Madison County Homemakers Association. This partnership donated an abundance of face coverings for local use which helped local businesses and agencies to re-open and/or maintain healthy regulations according to guidance from the governor and health officials.

MADISON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Madison County's FCS Extension programming in 2019-2020 led to the following results.



255

youths participated in local
Extension programming



388

individuals made healthier
eating choices



568

participants reported
making positive
behavior changes



1,040

volunteer hours were reported
by FCS Extension program
volunteers



147

participants adopted
one or more positive
food selection practices

Connect with us!



WEBSITE
FCS.uky.edu



FACEBOOK
**Facebook.com/
UKFCSExt**



INSTAGRAM
**Instagram.com/
UKFCSExt**



PODCAST
**UKFCSExt
.podbean.com**



Plate it Up!

Browse and download more than
100 delicious, healthy recipes
from Plate it Up Kentucky Proud.

PlateItUp.ca.uky.edu



Listen. Learn. Live Well.

University of Kentucky Family and
Consumer Sciences Extension brings
you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service