

Building Strong Families

IN MADISON COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS)
Extension is committed to improving
the health and well-being of individuals
and families throughout Kentucky. Our
educational programs focus on making
healthy lifestyle choices, nurturing families,
embracing life as we age, securing financial
stability, promoting healthy homes and
communities, accessing nutritious food,
and empowering community leaders.

OUR SUCCESS

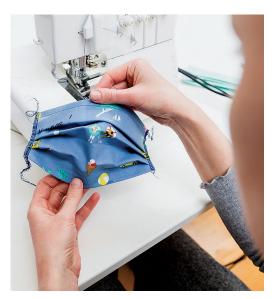
In 2019-2020, Family and Consumer Sciences Extension made

11,945

direct and indirect contacts with individuals and families in Madison County.

SPOTLIGHT: MADISON COUNTY

Face-covering projects



Throughout the unprecedented times that COVID-19 presents, the Madison County Extension Homemakers rallied together to make and assemble masks for those in need. Homemakers donated the first round of masks under the direction of University of Kentucky Children's Hospital. Madison County Homemakers donated more than 100 masks. Once we met the needs of the Children's Hospital, the Family and Consumer Sciences Extension agent coordinated a partnership with the Madison County Health Department and Emergency Management Agency in conjunction with our Madison County Homemakers Association. This partnership donated an abundance of face coverings for local use which helped local businesses and agencies to re-open and/or maintain healthy regulations according to guidance from the governor and health officials.

MADISON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Madison County's FCS Extension programming in 2019-2020 led to the following results.



255
youths participated in local

Extension programming



388
individuals made healthier eating choices



568
participants reported
making positive
behavior changes



volunteer hours were reported by FCS Extension program volunteers



participants adopted one or more positive food selection practices

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University of Kentucky Family and Consumer Sciences Extension brings you a podcast focusing on nutrition, health, resource management, and more. Available on Apple Podcasts, Google Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.

