



Building Strong Families

IN PENDLETON COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
142,312
direct and indirect contacts
with individuals
and families in
Pendleton County.

SPOTLIGHT: PENDLETON COUNTY

Giving Award used to feed hungry families



Kohl's National Giving Award is a purpose-led organization that strives to make a difference in communities nationwide and partner with organizations that help families lead fulfilled lives. The Pendleton County Extension office was honored to receive the Kohl's National Giving award for 2019. Pendleton County Extension is excited to be one of five organizations to receive a \$10,000 grant to focus on addressing vital community needs. Because of COVID-19 restrictions, unemployment is rising, family incomes are suffering, and food access is challenging. The Pendleton County FCS Extension, ANR, and 4-H agent decided to use these funds to provide food in our communities. To date, more than 500 families have benefited from the food distribution.

PENDLETON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Pendleton County's FCS Extension programming in 2019-2020 led to the following results.



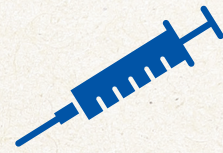
618

youths participated in local
Extension programming



1,411

individuals made healthier
eating choices



443

participants implemented
personal health
protection practices



33,723

volunteer hours were reported
by FCS Extension program
volunteers



603

lifestyles were improved
through a focus
on proper nutrition



2,678

participants reported
making positive
behavior changes

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University of Kentucky Family and
Consumer Sciences Extension brings
you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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