



Building Strong Families

IN SHELBY COUNTY



Sheila Fawbush
County Extension Agent,
Family and Consumer
Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
127,874
direct and indirect contacts
with individuals
and families in
Shelby County.

SPOTLIGHT: SHELBY COUNTY

Shelby County Homemakers grow in leadership



The Shelby County Extension Homemakers is one of the largest civic and volunteer organizations in Shelby County with 235 members. The Homemakers have donated more than 100 winter clothing accessories to meet local needs and have provided food for the local food bank. Other Homemakers coordinated a craft fair that raised more than \$2,000 for local animal groups. They continue to support A Place to Sleep with crocheted squares to be used for bed covers and provide leadership in the Cover Lovers, the Louisville Area Quilting group. Each year, they participate in the Ovarian Cancer Screening Project as well as send an annual donation of \$1,925.96. Extension Homemakers have worked and will continue to work to improve the quality of life for their families and communities through leadership development, volunteer service, and education.

SHELBY COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Shelby County's FCS Extension programming in 2019-2020 led to the following results.



2,036

youths participated in local
Extension programming



743

individuals made healthier
eating choices



529

volunteer hours were reported
by FCS Extension program
volunteers



1,062

adult volunteers



1,139

participants reported
making positive
behavior changes



735

participants reported
gaining knowledge

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
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Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

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