



Building Strong Families

IN TODD COUNTY



Jill Harris
County Extension Agent,
Family and Consumer
Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
29,225
direct and indirect contacts
with individuals
and families in
Todd County.

SPOTLIGHT: TODD COUNTY

LED Lighting teaches energy efficiency through light bulbs



Home lighting affects the economics of the household as well as comfort, aesthetics, and safety. Issues such as these provide a great opportunity for teamwork among Extension agents. Because of that, the agents for Family and Consumer Sciences Extension, Agriculture, and Natural Resources partnered to create the LED Lighting program. Participants learned the advantages and disadvantages of LED bulbs, how to choose light bulbs for their home, and ways to save money by purchasing more energy efficient light bulbs for their home. After the program, all participants reported that the program helped them get a better understanding of LED lights and that the next bulb they purchase would be a LED light bulb.

TODD COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Todd County's FCS Extension programming in 2019-2020 led to the following results.



450

youths reached
through volunteers



123

individuals made healthier
eating choices



1,116

volunteer hours were reported
by FCS Extension program
volunteers



890

adults reached
through volunteers



222

participants reported
making positive
behavior changes



248

participants reported
gaining knowledge

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Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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