

Building Strong Families

IN WOODFORD COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS)
Extension is committed to improving
the health and well-being of individuals
and families throughout Kentucky. Our
educational programs focus on making
healthy lifestyle choices, nurturing families,
embracing life as we age, securing financial
stability, promoting healthy homes and
communities, accessing nutritious food,
and empowering community leaders.

OUR SUCCESS

In 2019-2020, Family and Consumer Sciences Extension made

9,147

direct and indirect contacts with individuals and families in Woodford County.

SPOTLIGHT: WOODFORD COUNTY

Field to Fork: Workshop and agent training



Preparing and cooking wild game is an important skill that hunters need to know. More importantly, they must understand food safety as it relates to wild game. The Woodford County Family and Consumer Sciences Extension agent in partnership with the Kentucky Department of Fish and Wildlife Resources offered a two-day workshop to educate hunters on laws and regulations, hunting tactics and safety, proper wild game butchering, meat handling safety, freezing, jerky-making, and home-canning. The workshop involved new hunters learning all about the sport, including practicing shooting on a target range, working with a mentor experienced hunter to deer hunt, a butchering demonstration on the safety and best practices of home processing a deer. In addition to the public program, a workshop was offered for Extension Agents to implement in their counties.

WOODFORD COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Woodford County's FCS Extension programming in 2019-2020 led to the following results.



youths participated in local Extension programming



adult volunteers



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Download this and other county profiles at hes.uky.edu/StrongFamilies

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